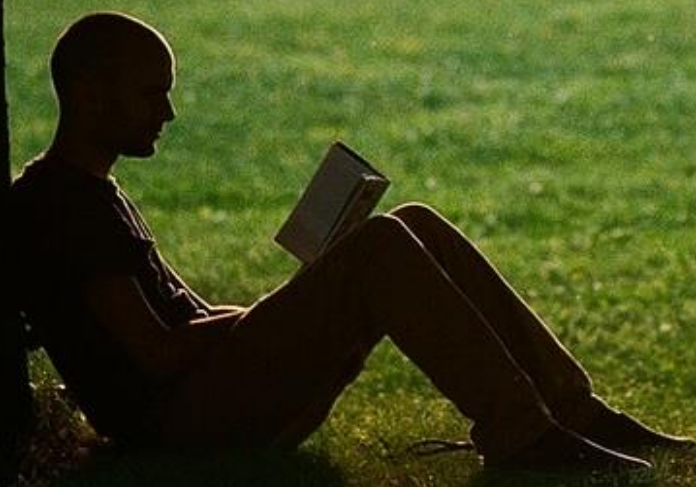




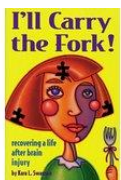
BRAIN INJURY BOOKS



Find out about brain injuries from people who have been there. This list includes non-fiction memoirs from individuals and caregivers, brain injury fiction for adults and teens and general interest books on brain injuries.

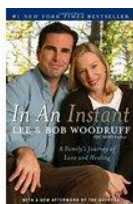
What It's Like: True Stories from People with Brain Injuries

I'll Carry the Fork
by Kara Swanson



A memoir about what it is to see your life ended – but you don't die. The author tells her story of being hit by a speeding mini-van and its catastrophic result. She provides first person, been-there tips on how to recover from traumatic brain injury condensed from years of her own experience. Funny, honest and informative.

In an Instant: A Family's Journey of Love and Healing
by Lee and Bob Woodruff



ABC correspondent Bob Woodruff sustained a brain injury in Iraq from an IED while covering the war. His perfect life imploded as well. This memoir from Woodruff and his wife Lee looks at marriage, family, and more – before, during and after a brain injury.

Cracked: Recovering from a Brain Injury

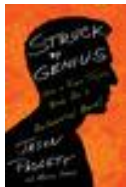
by Lynsey Calderwood



Memoir from a young woman who lost her memory after a TBI at age fourteen and how she uses inventive strategies to overcome her disability.

Struck by Genius: How a Brain Injury Made Me a Mathematical Marvel

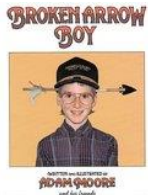
by Jason Padgett



Incredible true life story of an upside to traumatic brain injury. After a mugging and severe beating, the author suddenly became a math prodigy and synesthete.

Broken Arrow Boy

by Adam Moore



This true account of brain injury was written by the author at age ten. After an arrow pierced his brain, Moore had nine operations in the first six months of recovery. This book won a gold award for first person narrative from young adults, in the 1989 Landmark Editions' National Written & Illustrated By contest.

Louise: Amended

by Louise Krug



First person memoir blended with fictional reveries on challenges the author's family and boyfriend faced after her brain bleed. Left with an inability to walk, see or move half of her face, this miraculous recovery story wraps up six years later as the author prepares to complete her PhD.

Lucky Man

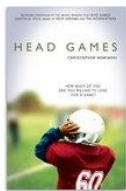
by Michael J. Fox



First person account from the famous star about facing his Parkinson's disease and its effect on his brain.

Head Games: Football's Concussion Crisis from the NFL to Youth Leagues

by Christopher Nowinski

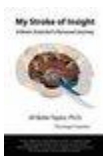


The author experienced post-concussion syndrome which ended his WWE wrestling career. It inspired him to look into another sport which has forced many athletes out due to head injuries. Troy Aikman, Steve Young, Merrill Hoge, Ted Johnson, Al Toon, and Wayne Chrebet are just a few. The author's personal experience leads him on a quest to find answers.

Memoirs from Medical Professionals on Their Brain Injuries

My Stroke of Insight: A Brain Scientist's Personal Journey

by Jill Bolte Taylor



Memoir from a brain specialist that provides a unique look at recovery from someone who knows exactly what it all means. Includes advice and tips for readers to improve their brain function.

Over My Head: A Doctor's Own Story of Head Injury from the Inside Looking Out

by Claudia L. Osborn



A professor of medicine recounts her brain injury recovery from an emotional and scientific perspective.

Brain Injury Survival Kit: 365 Tips, Tools and Tricks to Deal with Cognitive Function Loss

by Cheryle Sullivan



Written by a doctor who survived her own traumatic brain injury, the book provides helpful advice and resources based on truly personal experience.

Brainlash: Maximize Your Recovery from Mild Brain Injury

by Gail Denton

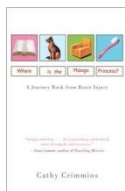


How to navigate the world of brain injury from a clinician who sustained her own brain injury. From insurance battles to psychological issues, this is a practical guide to the many challenges brain injury presents.

Real Experiences: Books by Caregivers and Family

Where is the Mango Princess: A Journey Back from Brain Injury

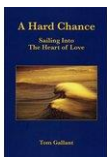
by Cathy Crimmins



Personal memoir about facing up to becoming a caregiver and the emotional fallout after the author's husband sustained a brain injury in a speed boat accident. His profound personality changes afterward create a roller coaster of emotions for the author, a humorist who wrote several books before the accident and now turns her wit to brain injury.

A Hard Chance: Sailing into the Heart of Love

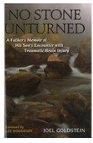
by Tom Gallant



Caregiver's account of life after a freak accident happens to his wife – just after they decide to separate.

No Stone Unturned: A Father's Memoir of His Son's Encounter with Traumatic Brain Injury

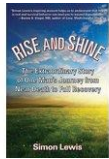
by Joel Goldstein



The author recounts his teenage son's brain injury, its impact on the family and their search for any and all treatments to help him – from conventional to alternative – that produced a remarkable recovery.

Rise and Shine

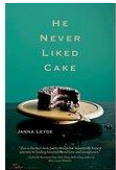
by Simon Lewis



Simon Lewis was a film producer whose wife was killed in a car wreck that left the author in a coma with severe brain injury. He recounts his recovery over a dozen years and the therapies, experimental techniques and surgeries that helped him disprove his medical prognosis.

He Never Liked Cake

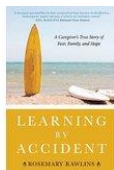
by Jenna Leyde



A coming of age memoir about the author's father and his brain injury. It covers how her mother coped, how the family struggled, the passage through grief, and her ultimate acceptance of her father's limits.

Learning by Accident

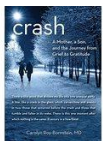
by Rosemary Rawlins



A true tale of resilience, breakdown, horror and recovery from an author whose husband was hit by a car while riding his bike. His profound injuries created a childlike state and Rawlins assumes caregiver duties while raising two teenage girls. Her husband's eventual recovery coincides with her ungluing – a not uncommon event with caregivers.

Crash: A Mother, a Son, and the Journey from Grief to Gratitude

by Carolyn Roy-Bornstein



A memoir from a pediatrician whose teenage son is hit by a drunk driver while taking a walk. An account of how brain injuries test all parents – including MDs – and the difficult road of dealing with changed expectations in life, loss, and the world “after” while making room for gratitude.

To Love What Is: A Marriage Transformed

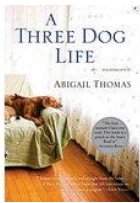
by Alix Kates Shulman



A caregiver memoir from an accomplished writer who discovers her husband lying still after a nine-foot fall. The author toggles through their fifty year relationship, moving back and forth in memories, as she deals with the reality that her husband's memory loss is likely permanent.

A Three Dog Life

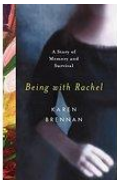
by Abigail Thomas



How do you rebuild your life after your husband's sudden brain injury confines him to long-term care facility, probably forever? The author's true life story covers the TBI and its aftermath along with her own inspiring story of changing her life, moving to a small town, getting three dogs, and starting over.

Being with Rachel: A Personal Story of Memory and Survival

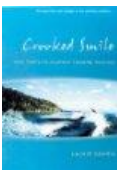
by Karen Brennan



A caregiver narrative from the mother of a young woman who sustained a TBI in a motorcycle accident that resulted in severe short term memory loss and inability to walk. Brennan is a professor who happened to have an interest in memory and takes up the challenge of inventing methods to help her daughter while chronicling both of their stories.

Crooked Smile: One Family's Journey Toward Healing

by Lainie Cohen



A memoir that looks at the family impact of TBI and focuses particularly on early days and inpatient rehabilitation.

Broken Butterfly: My Daughter's Struggle with Brain Injury

by Karin Finell

The author's daughter had a bout with encephalitis that resulted in severe brain injury. An inspiring memoir of optimism in the face of immense challenges.

General Brain Injury

Successfully Surviving a Brain Injury: A Family Guidebook, From the Emergency Room to Selecting a Rehabilitation Facility

by Garry Prowe

When a brain injury hits a family, they are instantly thrown into a confusing world which demands choices on medical care, experts, rehabilitation. This guide provides families with comprehensive help from an author whose wife Jessica sustained a brain injury during a car crash.

Head Cases: Stories of Brain Injury and Its Aftermath

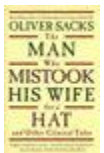
by Michael Paul Mason



Fascinating true stories compiled by a medical expert that explore the mysteries of the brain, trauma and healing.

The Man Who Mistook His Wife for a Hat and Other Clinical Tales

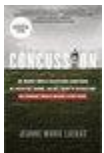
by Oliver Sacks



Tales of neurological disorders from one of the world's great clinical writers.

Concussion

by Jeanne Marie Laskas



Made into a movie starring Will Smith, this groundbreaking book tells the true story of forensic pathologist Dr. Bennet Omalu, whose discovery in the brain of a deceased NFL player would rock the league and change sports thinking forever.

Fiction About Brain Injury

Every Good Boy Does Fine

by Tim Laskowski



A novel about a young man with a brain injury who lives in a group home and discovers his writing talents through poetry. Written by a case manager who works with TBI patients in real life.

Left Neglected

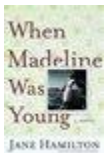
by Lisa Genova



A novel about finding a new life after an air traffic controller sustains a brain injury during a moment of inattention.

When Madeline Was Young

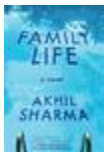
by Jane Hamilton



A novel about the experience of one family after the young wife is gravely injured with a TBI. The husband and his second wife go on to care for the first wife over decades.

Family Life

by Akhil Sharma



A novel about an immigrant family from India who come to the U.S. and the tale of two brothers, one of whom sustains a severe brain injury.

The Housekeeper and the Professor

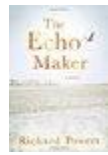
by Yōko Ogawa



A novel about learning to live in the eternal present when every eighty minutes your memory is erased.

The Echo Maker

by Richard Powers



Winner of the 2006 National Book Award for Fiction, this novel explores one patient's brain injury and subsequent belief that his sister who cares for him is an imposter – all wrapped up in a mystery of what truly happened when he was injured.

What Alice Forgot

by Liane Moriarty



Novel about a woman who has lost ten years of her life to a memory deficit and suddenly “wakes up.” What happened while she was gone?

Young Adult Fiction on Brain Injury

Somebody Else's Kids

by Torey L. Hayden



Young adult novel about a dedicated teacher who won't give up on her student with a brain injury.

Trigger

by Susan Vaught



Young adult novel about a teen who tries to kill himself, an event that results in his traumatic brain injury. Told in first person, the narrator must relearn everything as he struggles to remember why he wanted to kill himself and how to prevent it from happening again.

Some Kind of Normal

by Juliana Stone



Young adult romance novel about a teen relationship impacted by a brain injury.

<https://www.paterehab.com>
